

Kenya Travel Guide

Expedition Dates

30th July to 11th August (outbound flight is on the 31st, but so early that we will meet late on the 30th).

Travel to Airport TBC

Outbound Flights

LHR (London Heathrow), LH0921 (Lufthansa), 1h 35m > FRA (Frankfurt)

FRA (Frankfurt), LH0590 (Lufthansa), 8h 30m > NBO (Nairobi)

Return Flights

NBO (Nairobi), SN0482 (Brussels), 9h 0m > BRU (Brussels)

BRU (Brussels), SN2093 (Brussels), 1h 25m > LHR (London Heathrow)

Travel from Airport Public Transport (means to pay for transport required)

Entry Requirements

Electronic Travel Authorisation (eTA) — Required in advance for each traveller (including children). Apply online; the UK government advises doing it **at least 2 weeks before departure**. Use the official portal. [GOV.UK+1](#)

\$30 USD per person

Passport — Must be valid for **at least 6 months from your arrival date** and have **2 blank pages**. [GOV.UK](#)

Onward/return ticket & supporting docs — Border officers may ask for proof of onward/return travel, **sufficient funds**, and **proof of accommodation** (hotel booking or host invite). [immigration.go.ke+1](#)

Health

- **Yellow fever:** A certificate is **required only if you're arriving from a yellow-fever risk country** (this can include some connections—check your routing). [GOV.UK+1](#)
- **COVID-19:** No test or vaccination proof needed; testing/isolation may be required if you arrive with flu-like symptoms. [GOV.UK](#)
- **Malaria.** Area-specific anti-malarials are required for the regions we are staying in. Whilst rooms and tents have mosquito screens, all participants must take anti-malarials and they must bring their own personal mosquito repellent and wear long sleeves and full-length trousers in the evenings.

Destinations

1. Nairobi
2. Mount Kenya
3. Kenya Scouts Association
4. Elsamere Conservation Centre
5. Maasai Mara National Reserve



Vaccinations & Medication

TravelHealthPro (NaTHNaC) – the UK reference most GPs and travel clinics use. See the Kenya country page for vaccine recommendations and malaria advice (plus a printable summary PDF). <https://travelhealthpro.org.uk/country/117/kenya>

NHS (England) – Travel vaccinations – when to book (ideally 6–8 weeks before travel), what’s available on the NHS, and how to access clinics.

<https://www.nhs.uk/vaccinations/travel-vaccinations/travel-vaccination-advice/>

NHS – Malaria – general UK advice on preventing malaria and when antimalarials are prescribed. <https://www.nhs.uk/conditions/malaria>

WHO – International Travel & Health + Yellow fever factsheet – global background on vaccine requirements and YF vaccination. <https://www.who.int/travel-advice>

Weather

Typical temperatures for our destinations (late July–early August):

Nairobi: ~10–23°C (50 to 73°F)

Nyeri / Mt Kenya foothills (Kaiyaba): ~7 to 20°C (45 to 68°F); cooler nights

Lake Naivasha (Elsamere): ~10 to 25°C (50 to 77°F)

Maasai Mara: ~9 to 24°C (48 to 75°F); crisp mornings/evenings (note can feel cold on early morning game drives)

Sleeping bag: Aim for a comfort rating around 0–5°C (32–41°F) to keep everyone cozy on the cooler nights in the highlands/Mara. Dress in layers (base layer + fleece + light jacket).

Here's what August typically looks like in Kenya (it's the cool, dry season across much of the country):

- **Highlands (Nairobi/Naivasha/Nakuru, ~1,600–2,000 m):** Mild days, cool nights. Expect daytime highs around **22–23 °C** and nights near **12–13 °C**; showers are uncommon. Pack a warm layer for early mornings/evenings. [Weather Spark+1](#)
- **Masai Mara & central savannahs (~1,500 m):** Mostly sunny and dry. Afternoons around **24–26 °C**; chilly mornings/evenings **~10–12 °C**. Great wildlife conditions thanks to dry grass and clear skies. [SafariBookings.com+2MasaiMara.com+2](#)

What to pack (August): light layers + a fleece/jacket for dawn/dusk drives in the highlands/savannahs; breathable clothing and sun protection everywhere; a light rain shell just in case.

General travel advice

Money: Kenya Shilling, current rate 173 KES to the £

Available once we get to Kenya

We will advise on amount of money for drinks / snacks / souvenirs nearer the time.